



Summer Sports Camps
Immaculate Conception High School
 217 Cottage Hill Avenue
 Elmhurst, IL 60126

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Immaculate Conception High School



Summer Sports Camps 2011



About ICHS Summer Sports Camps

Welcome to Immaculate Conception High School Knights Summer Sports Camps for 2011.

As you may know, Immaculate Conception High School is the oldest Catholic co-educational college preparatory school in DuPage County. Since 1936, ICHS has fulfilled the dream of its founder, Monsignor William J. Plunkett, "to educate the whole person in body, mind, and spirit." Our summer camps reflect his philosophy as we encourage students to participate in the many activities made available beyond the classroom that will develop the whole person. While our camps are intended to develop fundamental athletic skills in a given sport, we hope to foster an atmosphere of sportsmanship, teamwork, and excellence.

ICHS is a founding member of the highly competitive Suburban Christian Conference (SCC). We have had a long tradition of success in athletics and the classroom.

If you have any questions regarding any of the camps listed in this brochure, please feel free to contact me at Immaculate Conception.

Mr. Darren Howard
Athletic Director

(630) 530-3465 Phone
 (630) 279-1365 Fax
 dhoward@ichsknights.org

ICHS Knights Summer Sports Camps will be held at Immaculate Conception High School athletic facilities either on our school campus or at Lewis Stadium. Lewis Stadium is located off West Avenue in Elmhurst, adjacent to The Courts. **Grade levels reflect the grade in which the camper will be when entering school in August, 2011.**

Camps do fill quickly, so please return your form promptly to reserve your space. **All checks should be made payable to Immaculate Conception High School.** Please attach your check to the registration side of this brochure and mail it to:

Immaculate Conception High School
C/O Darren Howard
217 Cottage Hill
Elmhurst, IL 60126

ICHS Athletics 2011 Camps

Football

Location: Lewis Stadium
Skills Camp: Grades 3-8 July 11-15 8-11am **Cost: \$100**
Training Camp: Grades 5-8 June 21-Aug 4 **Cost: ****
 Meets Tues, Wed, Thurs from 5-7pm

The ICHS Football Program will host its first annual training camp for youth football players. This camp will focus on improving fundamental skills: blocking, tackling, running, throwing & catching, along with strength & conditioning sessions. Sessions will be run by championship high school coaches.

** 7 sessions - \$70, 14 sessions - \$120, 21 sessions - \$180, additional sessions can be added for \$10/session.

Head Coach: Mr. Mike Alberts

Boys Basketball

Location: IC Gym **Cost: \$65**
Session 1: Grades 3-5 June 20-24 8-9:15am
Session 2: Grades 6-8 June 20-24 9:15-10:30am

Head Coach: Mr. Darren Howard

Speed & Running (co-ed)

Location: Lewis Stadium **Cost: \$60**
Session 1: Grades 5-8 June 6-9 3-4:30pm

Head Coach: Mr. Bob Cronin

Bowling (co-ed)

Location: Brunswick Zone-Glendale Hts. **Cost: \$75**
(for an additional \$75, bowling ball is included)
Session 1: Grades 6-8 June 27-July 1 11am-1pm

Head Coach: Mr. Rich Gucwa

Girls Volleyball

Location: IC Gym
All Skills **Cost: \$65**
Session 1: Grades 5-6 July 18-21 1:30-3:30pm
All Skills **Cost: \$80**
Session 2: Grades 7-8 July 11-15 1:30-3:30pm
Hitting Clinic **Cost: \$50**
Session 3: Grades 5-8 July 11 & 13 3:30-4:30pm
Head Coach: Mrs. Jean Field

Girls Soccer

Location: Lewis Stadium **Cost: \$60**
Session 1: Grades 7-8 June 13-17 3:00-5:00 pm
Head Coach: Mr. Brian Frank

Girls Basketball

Location: IC Gym **Cost: \$65**
Session 1: Grades 3-5 June 13-17 9-10:30 am
Session 2: Grades 6-8 June 13-17 10:30-12:00 pm
Head Coach: Ms. Aubree Lawrence

Spirit Squad

Location: IC Gym **Cost: \$60**
Session 1: Grades K-8 July 25-27 6-8 pm
(1 day will be dance, 1 day will be cheer, 1 day will be Dance & Cheer.)
Head Coach: Ms. Michelle Brezinski, Ms. Elyse Van Camp

ICHS Summer Sports Camps Registration Form

Please complete this form and return with payment. List only one camper on each registration form. Feel free to duplicate this form for additional campers.

Camp	Amount
Football	
<input type="checkbox"/> Skills Camp <input type="checkbox"/> Training Camp	\$ _____
Position: _____	
Boys Basketball	
<input type="checkbox"/> Session 1 <input type="checkbox"/> Session 2	\$ _____
Speed & Running	
<input type="checkbox"/> Session 1	\$ _____
Bowling	
<input type="checkbox"/> Session 1	\$ _____
Girls Volleyball	
<input type="checkbox"/> Session 1 <input type="checkbox"/> Session 2 <input type="checkbox"/> Session 3	\$ _____
Girls Soccer	
<input type="checkbox"/> Session 1	\$ _____
Girls Basketball	
<input type="checkbox"/> Session 1 <input type="checkbox"/> Session 2	\$ _____
Spirit Squad	
<input type="checkbox"/> Session 1	\$ _____
Total Amount Enclosed	\$ _____

Name _____

Address _____

City _____ Zip _____

Home Ph. _____ Work/Cell _____

School _____ Grade _____ as of 8/11

Circle T-Shirt Size (adult sizes) S M L XL 2XL 3XL

By my signature below, I give consent for the above named student to participate in camps. I release all involved liability in event of injury/illness/death while involved with the aforementioned camps.

Signature _____ Date _____